

# EXPERIENTIAL ENCOUNTER GROUP

based on the Person Centred Approach of  
Carl Rogers

*Consciousness of Self*  
*Consciousness of Others*

**Peter F SCHMID**  
facilitator

22, 23 & 24 MAY 2009

GENEVA

*Open to all persons interested,*  
*no previous experience required*

*The seminar will be held in English with  
simultaneous interpretation in French*

## The Encounter Group

As described by Carl Rogers, the encounter group puts emphasis on the evolution of the person as well as the development and improvement of communication and interpersonal relationships.

The objective of the encounter group is to create a favourable context for individual expression in which each person can learn about himself/herself and about his/her relationships with others.

The group is established within a non-directive general context but then orients itself according to the interests and needs of the participants.

The encounter group is concerned with the consciousness of self and the consciousness of others and is intended to bring individuals together from different social and cultural backgrounds who are motivated by common humanist values; the insight gained will help develop greater knowledge of self and a deeper understanding of others.

### Dates & Schedule

22 May afternoon :  
17.30 - 20.30

23 May all day :  
10.00 - 13.00 & 15.00 - 18.30

24 May all day :  
9.30 - 12.30 & 14.30 - 17.30

### Reception

As from 14.00 in the lobby of the hotel

### Costs

€ 300/CHF 450

include seminar, Saturday & Sunday lunches  
+ breaks; evenings free

### Location

NOVOTEL GENEVA AIRPORT  
Route de Meyrin 01210 Ferney-Voltaire (F)  
[www.novotel.com](http://www.novotel.com)  
(parking)

### Accommodation

- Novotel Geneva Airport  
Tel. +33(0)450 40 85 23
- > Formule 1: behind the Novotel  
Tel. +33(0)8 91 70 52 54
  - > Hotel Stars Geneva Airport  
(near main FV customs office)  
Chemin de Colovrex,  
01210 Ferney-Voltaire  
Tel. +33(0)450 40 52 59

### Transportation

make own arrangements (also check with hotels)

### For further information & contacts

Thomas Jacquemier  
[thomasjacquemier@yahoo.fr](mailto:thomasjacquemier@yahoo.fr)  
Tel. + (41)7 89 24 47 02

Evelyne Cantin  
[cantin.evelyne@orange.fr](mailto:cantin.evelyne@orange.fr)  
Tel. +(6)07 25 05 37

### Registration

Name.....

First Name.....

Address.....

CP..... Town.....

Telephone.....

Email.....

Languages : English yes/no  
French yes/no

For France: confirmation on receipt of attached registration form and deposit of € 50 (cheque to the order of Chantal Mannaert) sent as follows:

Chantal Mannaert

18, Avenue de Vessy, 01210 Ferney-Voltaire.

For Switzerland: confirmation on receipt of attached registration form and deposit of CHF 75 (by postal bulletin - Chantal Mannaert CCP 10-155433-3).

*The full amount of the seminar (€300/CHF450) should be paid by 25 April (at the latest).*

*In case of cancellation 1/2 deposit will be reimbursed up to 25 Avril.*

## Peter F. SCHMID

- Professor, University of Graz, Austria
- Head, Department for Person Centred Psychotherapy Science, Sigmund Freud University, Vienna, Austria
- Faculty Member, Saybrook Graduate School and Research Centre, San Francisco, California
- Person Centred Psychotherapist, and Supervisor, Coach and Instructor, Institute for the Study of the Person Centred Approach, Vienna
- Founder of Training for PCA in Austria for the World Association for Psychotherapy and Counselling Centres for the Person Centred Approach (WAPCEPC) and the European Network of Person Centred Associations (NEAPCEPC)
- Recipient of the Carl Rogers Award of the American Psychological Association (APA), 2009

## THE PERSON CENTRED APPROACH

is based essentially on the quality of the relationship established between the therapist and the client.

Three fundamental attitudes permit this favourable climate to be created and maintained:

### *Empathy*

or the capability to enter into the universe of another person.

### *Unconditional Positive Regard*

which accepts the client/person unconditionally, without judgement about the person himself/herself, his/her attitudes or the way he/she lives.

### *Congruence*

by which the therapist presents himself/herself honestly and openly to the client without hiding behind a mask or his/her professional expertise.

These qualities in the therapist-client relationship encourage the person to make his own way forward.

## Carl ROGERS (1902-1987)

### American Psychologist

Is the originator of an influential concept in psychotherapy, the "Person Centred Approach" which puts the relationship between the therapist and the client at the centre of the therapy.

While traditional psychotherapy focuses on the problem as expressed by the client, in the Person Centred Approach clients are helped to identify and resolve their problems themselves.

This approach has proven to be very effective and has profoundly influenced the course of present-day humanist psychology.

During the latter part of his life Carl Rogers became increasingly interested in interpersonal relations within groups and with the resolution of social and intercultural conflicts.

Carl Rogers was nominated for the Nobel Peace Prize shortly before his death.